

About the study

The goal of this study is to understand the best way to help people living with cirrhosis stay healthy. This is a research study and will not affect your regular care.

We are looking for 1,200 volunteers with cirrhosis to join our study at clinics across the country. If you join, you will be in the study for about 3 years. The 3 years in the study will include around 7 study visits.

Who can join the study?

You may be a good candidate if you are living with cirrhosis and at least 18 years old.

Do I have a choice about joining?

Yes. Your choice will not affect any other part of your health care. You do not have to be in this study to receive regular care.

Does it cost anything?

No. Joining this study is at no cost.

Will I be paid for my time?

Yes. You will be paid for your time if you decide to participate. Payments will be given at each study visit.

What will you do with the study findings?

We will publish our findings to help doctors learn more about best ways to care for their patients living with cirrhosis. We will not share any findings that identify you.

Contact

If you would like to join the study, or have questions please contact us at:



Liver Cirrhosis Network

Observational Cohort Study

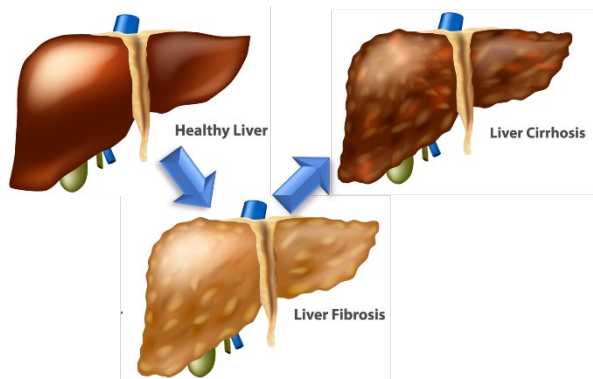


Helping people living with cirrhosis stay healthy

Why is this study being done?

We are assembling groups of participants from across the country to help us understand ways that people living with cirrhosis lead longer, healthier lives.

The study may help lead to better overall care for future people living with cirrhosis.



What is cirrhosis?

Cirrhosis is a condition when scar tissue slowly replaces healthy liver tissue.

Cirrhosis starts with inflammation of the liver. The inflammation can result in scarring of the liver. The new scar tissue then replaces the healthy liver tissue.

This scarring can become permanent, and it can cause problems. In the worst stages of cirrhosis, the liver fails to function properly.

What happens if I join the study?

You will have around 7 visits to the clinic during your participation in this study. This includes an initial visit (Screening Visit) to determine if the study is right for you. Every 6 months, you will come back for another study visit. You may be asked to complete surveys prior to and in between visits.

During the Screening Visit, you will...

- Answer questions to make sure the study is right for you.
- Learn more about the study and ask the study team questions.
- If you decide to join the study, research study staff will ask you to review and sign a consent form.

During the Study Visits (Every 6 Months), you will...

- Complete surveys and have a physical examination.
- Undergo non-invasive medical imaging.
- Provide biological samples, like blood or urine.

What happens at a study visit?

You will be asked to answer questions about yourself, your family's health history, the medicines you are taking, your diet, your daily activities, and your quality of life.

At the beginning of the study, you will be asked to give a sample of your saliva.

The research team will take blood samples.

A healthcare professional will give you a physical examination

The study team will take pictures of your liver (also called non-invasive imaging) in different ways.

You will be asked to participate in annual tests of your overall well-being and mental abilities.

You may have the option to participate in additional parts of the study. Talk to your study team to learn more.

